

Feb  
2020

**REVIEW: 2020 AVC  
CONTINENTAL TOKYO  
VOLLEYBALL QUALIFICATION**

Men's

After a 4-match winning streak, **IRAN** carried on the momentum to ease past China 3-0 a second time after meeting in the group stage, to book a spot in the 2020 Olympic Games.

Women's

**S. KOREA** got off on a perfect start in the group stages without losing a set. Right till the final qualifying round where they swept past Thailand 3-0, they have only lost a single set to the Chinese Taipei in the Semi-finals.

**VAS U19 National Volleyball  
Championship 2020**

U19 Boys' Grouping	
Group A	Group B
Dunman High School	Anderson-Serangoon Junior College
Catholic Junior College	Eunoia Junior College
Credence	Ah Tan United
MM2	Victoria Junior College
MMC	Hwa Chong Boys

U19 Girls' Grouping	
Group A	Group B
Anderson-Serangoon Junior College	Dunman High School
Volleysports	Hwa Chong Girls
Catholic Junior College	Dino Penguin Pikachu Pilakkuma
Credence	Telok Blangah CSC
JRT Volleyball Club	Victoria Junior College

Venue: **Heartbeat @ Bedok**

Catch all the exciting games during the weekends starting 8 February (Saturday).

**PLAY VOLLEYBALL  
LIKE HOW YOU  
SHOULD LIVE YOUR  
LIFE**

Sports has the power to instil values in people, and Volleyball is definitely no exception!

**Determination, Teamwork, Focus...** Watch how they can be applied in both Volleyball & our daily lives!



**RISE IN CHINESE VOLLEYBALL INTEREST**

With a top-class performance to lead China to the top of the podium in the FIVB World Cup last year, MVP Zhu Ting continued to spark interest of the sport in her hometown, Dancheng. Contrary to the past where almost no one there was willing to take up Volleyball, there is now 15 in 41 kids from Dancheng training in neighbouring Zhoukou City Sports School – a tremendous increase since China's triumph in the 2016 Rio Olympics.

**THOUGHTS?**

It is often observed that great players can be effective **role models** to others, and serve as a key **signal for greater commitment** in the sport – personal, organisational and governmental.

**But won't it be great to have equal opportunities for excellence in all sports?**

For they will eventually bloom given the right conditions.



Photo Credits: volleymob.com

**DID YOU KNOW?**

The highest speed of a Volleyball spike recorded was **132km/h** by Bulgarian Matey Kaziyski.

It's definitely **illegal** on any Singaporean roads!

VA Volleyball Academy



**VA101**

Your volleyball journey  
begins with VA

